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PM SHRI Kamini Kumar Singha Memorial HS School



Introduction

- PM SHRI Kamini Kumar Singha Memorial H.S.School is located at Dhaleswar, Agartala, Tripura (West). It is not only one of the renowned schools in Agartala but also in entire Tripura.
- The school is run by the Govt. Of Tripura under the Dept. Of Secondary Education. It was established in 1945 after the name of LT. Kamini Kumar Singha who was one of the ministers during the reign of Maharaja Bir Bikram Kishore Manikya Bahadur. erst while it was also known as Dhaleswar H.S. School.
- This school is counted among the top-rated school in Tripura with an excellent academic track record. This year in Madhyamik Examination 2023 one of our students secured 10th position in state level.

- The school is a three storied building consisting of grades from Std I to XII.
- It is a co-educational and has separate primary section. Bengali is the medium of instruction in this school and it is affiliated by T.B.S.E.
- It has a lush green playground where a newly amusement park for children has been built up. Moreover, the school has also a computer aided (it) learning lab apart from science labs. It also provides and prepares mid-day meal. Last but not the least this year the school was awarded for the best performance in games and sports.

PM SHRI Kamini Kumar Singha Memorial HS School

- Humanities
- Science
- Commerce

Strength

1. The school has 49 number of teaching staffs in which 12 teachers are in morning shift and remaining 37 teachers are in Noon-Shift.
2. Total strength of students in 1465 nos. altogether. In which boys are 74 and girls are 722 in number.
3. The school has 2 vocational teachers one for IT-ITES and another for Retail
4. One CWSN toilet has been constructed recently.
5. The school has one (1) CRP and four (4) number of non-teaching staffs. One UDC, one LDC and 1 Group-D Staff.
6. It has alush green play-ground along with amusement park for children.
7. The school is under surveillance of CCTV and there is also LED Lights facility
8. Recently a selfie point has been made apart from all these the school has it Lab, DNA Club. Eco Club, NSS and Balika Mancha for conduction different activities.
9. It has also One Kitchen Garden and Medicinal Garden.
10. 100 % passed record both in Madhyamik
11. and H.S. (+2 stage) examination conducted by T.B.S.E for the last ten years.
12. Last but not the least, this year the school was awarded for best school in games and sports.

PM SHRI RELATED ACTIVITIES

1. There is a provision for vending machine and sanitary Pads for girls.
2. Adequate number of washing facilities with exhaust fans and provision for sanitary stuffs like mugs, buckets and hand soaps are properly arranged in the washrooms.
3. Arrangements for BALA (Building learning Aid)
4. Equipment's for outdoor games have been arranged.
5. Last but not the least, healthy and hygienic environment has been created for teaching learning process.



Achievement

Parinita (Class-VII) won silver medal in Asian Yoga Sana Sports Confederation (Thailand)

Our school had the honor of hosting the - 'World of Work' workshop, conducted by NCERT, making it the only school in the state to offer this unique opportunity. This workshop provided valuable insights into career development, skill-building, and future opportunities, empowering students to make informed decisions about their professional journeys.

Industrial Visit to NIELIT Agartala: A Successful Learning Experience

The students of Class 10 from PM Shri Kamini Kumar Singha Memorial HS School, Agartala, recently participated in an industrial visit to NIELIT Agartala. The visit proved to be a resounding success, offering the students a unique opportunity to explore real-world applications of technology and industry practices.

The students gained valuable insights through hands-on exposure and interactive sessions during the visit. They found the experience both enlightening and engaging, as it allowed them to connect theoretical knowledge with practical implementation. The visit not only broadened their understanding but also ignited their curiosity to learn more about the technological advancements shaping today's world.

Such initiatives play a crucial role in bridging the gap between classroom learning and practical application, fostering a deeper interest in STEM fields among students.

Empowering young women with the skills and confidence to protect themselves, the Women's Self-Defense Class at our school is more than just a lesson in safety—it's a step toward self-reliance and empowerment. Through practical techniques and situational awareness training, students are learning to face challenges with courage and composure. This initiative fosters not only physical strength but also mental resilience, inspiring them to feel confident in their abilities and prepared to handle any situation. Together, we are building a future where every young woman feels strong, capable, and unstoppable.

The government has implemented a unique initiative of distributing bicycles to girls in government schools as part of efforts to promote education and gender equality. This scheme aims to address challenges like long travel distances, which often discourage girls from continuing their education. By providing bicycles, the program not only ensures safer and faster commutes but also empowers girls with greater mobility and independence. This initiative has significantly improved school attendance rates and reduced dropout levels, particularly in rural areas. It is a step towards creating equal opportunities for girls, enabling them to pursue their dreams without barriers.

Our school recently hosted a medical camp exclusively for students, focusing on their health and overall well-being. The camp provided free check-ups, including vision and dental screenings, along with personalized health advice from medical professionals.

Students also participated in interactive sessions to learn about hygiene, nutrition, and healthy habits. This initiative emphasized the importance of regular health monitoring and empowered students to take charge of their well-being, ensuring they stay healthy and ready to excel in all areas of life.

The **SAHARSH** programme is an initiative aimed at promoting social and emotional learning (SEL) among students, launched by the Government of Tripura.

Its primary focus is to create a joyful and stress-free learning environment, fostering students' emotional, social, and academic development. This initiative aligns with the National Education Policy (NEP) 2020, emphasizing holistic education and mental well-being.

Key Objectives of the SAHARSH Programme:

1. Enhancing Social and Emotional Learning: Helps students build empathy, resilience, and effective communication skills.
2. Promoting Joyful Learning: Incorporates innovative teaching methodologies to make learning enjoyable.
3. Encouraging Inclusivity: Creates a safe space for all students to express themselves.



4. Developing Life Skills: Prepares students to handle real-life challenges.



Steps taken to Implement the SAHARSH Programme in PMSHRI KKSM HS School:

As Kishor Datta, AHM, HoO, and DDO, hold a pivotal role in ensuring the successful implementation of this programme. Here's a structured approach:

1. Familiarized ourselves with the SAHARSH Framework
 - a. Understanding the guidelines and objectives of the programme by referring to official documentation and training modules.
 - b. Coordinated with education authorities for clarity on its implementation.
2. Formed a Core Team
 - a. Constituted a team comprising motivated teachers, counselors, and staff members.
 - b. Assigned specific responsibilities like activity coordination, monitoring, and student engagement.

3. Capacity Building and Training
 - a. Arranged training sessions for teachers to equip them with the skills to deliver the programme effectively.
 - b. Collaborated with the state education department or resource persons for workshops.
4. Development of a Weekly Plan & Daily Routine
 - a. Integrated SAHARSH activities into the school timetable.
 - b. Allocated specific time slots for social and emotional learning sessions.
 - c. Activities included:
 - a) Storytelling
 - b) Group discussions
 - c) Mindfulness exercises
 - d) Role-playing scenarios for empathy building
5. Provided a Supportive Environment
 - a. Created an inclusive and welcoming atmosphere where students feel safe to express themselves.
 - b. Encouraging peer interactions and mentor-mentee relationships among students and teachers.
6. Involving the Community
 - a. Conducted orientation programmes for parents and guardians to educate them about SAHARSH's benefits.
 - b. Involved the School Management Committee (SMC) to support and monitor the initiative.
7. Monitoring and Evaluation Progress
 - a. Regularly assessing the programme's impact through feedback from students, teachers, and parents.
 - b. Maintaining records of activities and outcomes for future improvement.
 - c. Use of qualitative and quantitative tools to measure emotional well-being and behavioral changes.
8. Ensured Administrative Support
 - a. Utilized school funds judiciously to procure materials like worksheets, storybooks, or any other necessary resources.
 - b. Liaising with the Directorate of Education for additional support if required.
9. Celebrating Success
 - a. Highlighting achievements through exhibitions, annual reports, and events.
 - b. Recognizing & acknowledging the efforts of teachers and students to maintain motivation.

By implementing the SAHARSH programme effectively, we have fostered more empathetic and emotionally intelligent student's community at PMSHRI KKSM HS School.